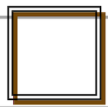
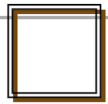




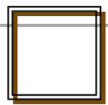
New Flowgi Gear List



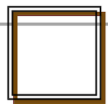
No-Slip Mat (or rent for \$2)



Water Bottle (cooler in studio)



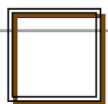
Hand/Mat Towel (or rent for \$2)



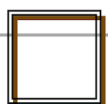
Fitted Clothing



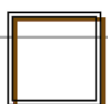
Hair tie (if needed)



Blocks/straps (or use ours for free)



Post-class dry clothes (optional)



Post-class snack (or buy for \$3-4)

